K.S.R. COLLEGE OF ENGINEERING, TIRUCHENGODE – 637 215

(Autonomous)

Academic Year 2021-22

Department of Information Technology

Organizes

STUDENT SKILL DEVELOPMENT PROGRAMME

ON

WORK - LIFE BALANCE

Dated: 24.03.2022

PRINCIPAL
K.S.R. COLLEGE OF ENGINEERING
K.S.R. KALVI NAGAR,
TIRUCHENGODE-637 215

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TIRUCHENGODE - 637 215.

STUDENTS SKILL DEVELOPMENT (SSD)

Students Skill Development (SSD)

The work-life balance has grown into much more than just an appealing concept. An increasing number of companies are relying on their employees to lead a more balanced lifestyle, as balanced, happy employees are ultimately more productive and motivated. If a company – either consciously or unconsciously – destroys an employee's private life with too much overtime or an unnatural amount of pressure, it will inevitably result in dissatisfaction and stress that can then lead to health problems, decreased productivity, and alienation from the company.

Lion. Dr.K.S.Rangasamy,MJF.,
Founder – Chairman, KSREI

INSTITUTION'S INNOVATION COUNCIL
(Ministry of HRD Initiatives)

Mr.R.Srinivasan B.B.M.,
Vice-Chairman, KSREI

K.S.R College of Engineering (Autonomous)
Tiruchengode – 637 215
Department of Information Technology

SSD – Work-Life Balance

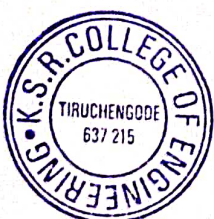**Online Mode** ➤ Date : 24.03.2022 (Thursday)
Time : 02.00 P.M.

Mrs.N. RAMYA
Cognizant
Role : Software Developer
Chennai – 603 103

https://meet.google.com/kpy-tivd-hxc

www.ksrce.ac.in

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Department of Information Technology

Report of Guest Lecture ON Work-Life Balance

1	Name of the Event (Seminar/Workshop/Conference/FDP/ Any other)	Guest Lecture (Student Skill Development Programme)
2	Name of the Organizer	IT Department
3	Date of Event	24.03.2022
4	Venue of the Event	Online Link:http://meet.google.com/kpy-tivd-hxc
5	Title of the Event	Work-Life Balance
6	Name of the Coordinators	Mr. S.Gowtham.,AP/IT
7	Total Participants	52
8	Resources Person with contact details	Ms.N.Ramya Devi Software Developer Cognizant Chennai-603 103
9	Outcome of the Event	It helps to • Students to get knowledge how to balance the work culture and famliy

CO-ORDINATOR   HOD   PRINCIPAL

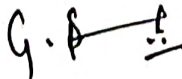# K.S.R. COLLEGE OF ENGINEERING, TIRUCHENGODE – 637 215

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Department of Information Technology
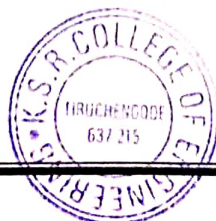
REPORT ON RESOURCE PERSON

Ms.N.Ramya, Software Developer in Cognizant, Chennai, Tamil Nadu – 603 103. She has completed her B.Tech Information Technology in VSB Engineering College, Karur. Her areas of interest include Network, AI, software Engineering and ASP. She has presented journal papers in various conferences. She has given lots of guest lectures in various colleges. She has received national level medals in table tennis.

CO-ORDINATOR   HOD   PRINCIPAL

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Department of Information Technology

<u>REPORT OF THE EVENT</u>

In K.S.R. College of Engineering, Department of Information Technology contacted One day **Guest Lecture on Work- Life Balance.** Mr. S. Gowtham., AP/IT, was the Coordinator of this programme.

This programme was presided over by our vice chairman Thiru.R.srinivasan, our principal Dr.P.Senthilkumar. Programme was organized to the students of First year IT. The program was presided by Head of the Department Dr.G.Singaravel. Formerly Ms.N.Ramya, Software Developer in Cognizant, Chennai, has presented a lecture. The lecture includes Environment of IT Field and Work and Family life balancing in IT Field. A Total of 52 Students was participated in this Guest lecture.

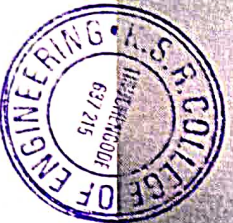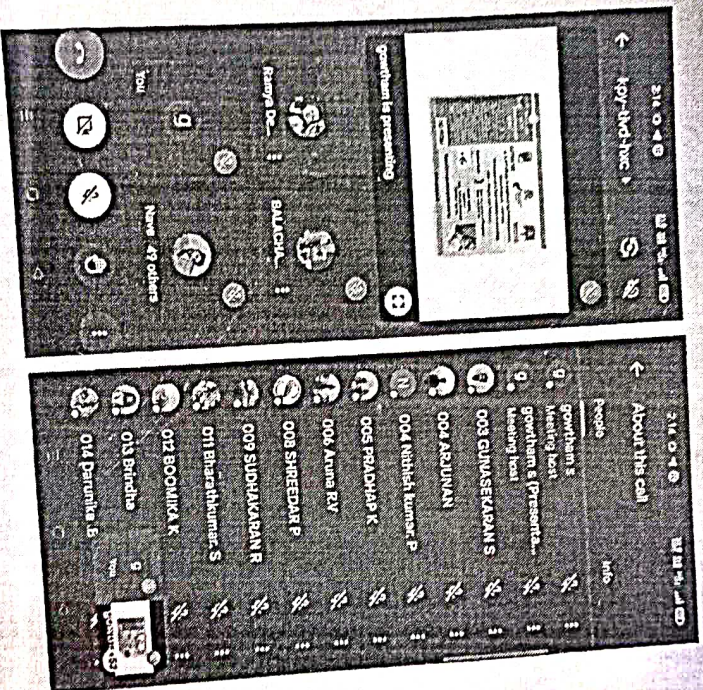CO-ORDINATOR   HOD   PRINCIPAL

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KSRCE/QM/S.S.3/01/IP

STUDENTS SKILL DEVELOPMENT (SSD)

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STUDENTS SKILL DEVELOPMENT (SSD)

2:14

← About this call

People   Info

014 Darunika .B
015 DAYANIDI
018 Deetchana V
019 Devadharshini
025 G GOKULAPRIYA
027 indhu Priya
028_MYURAJ.R_IT
033 Nishanth.R_IT
035 Kishanth S
038 pushparaj. D
041 Rajkumar .JT
049 Soundar N
052 shree hare

2:14

← About this call

People   Info

052 shree hareeth
055 sivadharani S
057 Thevarash_JT
061 Vasanth Kumar
a.yoganathan a
B SARVESH KUMAR RK
BALACHANDER K
Balaji S
Bareth Kavinash
DHANUSH. K SFE
DHARANI G
ELAMBARUTH
Elizabeth

COORDINATOR

Page 3 of 3

HoD / IT

K.S.R COLLEGE OF ENGINEERING(Autonomous), TIRUCHENGODE – 637 215
DEPARTMENT OF INFORMATION TECHNOLOGY
FEED BACK FORM

Kindly spare a few minutes and fill up the form to help us to improve our efforts in future.

Name of the Programme : *Student Skill Development On "Work Life Balance"*
24 March 2022

Name of the Student : Sipradhuvai S

Register No. : 731521 21055

Kindly evaluate in the following scale by ticking on the relevant grade.

1. Very Good   2. Good   3. Satisfactory   4. Unsatisfactory

1. Did you find the Event useful?	1	2	3 ✓	4
2. Did it cover what you were expecting?	1	2	3	4 ✓
3. The content was helpful.	1	2	3	4 ✓
4. The level of the event was appropriate.	1	2	3 ✓	4
5. The format was enjoyable.	1	2	3	4 ✓
6. Did you receive all the information?	1	2	3 ✓	4
7. The speaker had a good understanding of the topics.	1	2	3	4 ✓
8. Whether the event worth your time?	1	2	3	4 ✓
9. The length of the event was appropriate.	1	2	3	4 ✓
10. Is the facilities were adequate and comfortable?	1	2	3 ✓	4

Date: 24/03/22

Student Signature

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TIRUCHENGODE

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DEPARTMENT OF INFORMATION TECHNOLOGY
FEED BACK FORM

Kindly spare a few minutes and fill up the form to help us to improve our efforts in future.

Name of the Programme : *Student Skill Development On "Work Life Balance"*
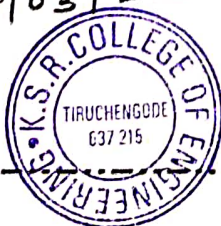*24 March 2022*

Name of the Student   : Indhupriya P

Register No.   : 7315 818.1027

Kindly evaluate in the following scale by ticking on the relevant grade.

1. Very Good   2. Good   3. Satisfactory   4. Unsatisfactory

		1	2	3	4
1.	Did you find the Event useful?	1	2	3	✓4
2.	Did it cover what you were expecting?	1	2	✓3	4
3.	The content was helpful.	1	2	✓3	4
4.	The level of the event was appropriate.	1	2	✓3	4
5.	The format was enjoyable.	1	2	3	✓4
6.	Did you receive all the information?	1	2	✓3	4
7.	The speaker had a good understanding of the topics.	1	2	✓3	4
8.	Whether the event worth your time?	1	2	3	✓4
9.	The length of the event was appropriate.	1	2	✓3	4
10.	Is the facilities were adequate and comfortable?	1	2	3	✓4

Date: 24/3/22

Students Signature

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DEPARTMENT OF INFORMATION TECHNOLOGY
FEED BACK FORM

Kindly spare a few minutes and fill up the form to help us to improve our efforts in future.

Name of the Programme : *Student Skill Development On "Work Life Balance"*
24 March 2022

Name of the Student : Indhupriya P

Register No. : 7315 2121027

Kindly evaluate in the following scale by ticking on the relevant grade.

1. Very Good   2. Good   3. Satisfactory   4. Unsatisfactory

i. Did you find the Event useful?	1	2	3	4 ✓
2. Did it cover what you were expecting?	1	2	3 ✓	4
3. The content was helpful.	1	2	3 ✓	4
4. The level of the event was appropriate.	1	2	3 ✓	4
5. The format was enjoyable.	1	2	3	4 ✓
6. Did you receive all the information?	1	2	3 ✓	4
7. The speaker had a good understanding of the topics.	1	2	3 ✓	4
8. Whether the event worth your time?	1	2	3	4 ✓
9. The length of the event was appropriate.	1	2	3 ✓	4
10. Is the facilities were adequate and comfortable?	1	2	3	4 ✓

Date: 24/3/22

Student Signature

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